

IN-FLIGHT DINING

MENUS

CONTACT

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BREAKFAST

PARFAITS & OATS

- Berry Parfait
- Tropical Fruit Parfait
- Baked Apple Parfait
- Vegan Chia Pudding
- Steel Cut Oats with Fruit & Nuts
- Steel Cut Oats Cacio e Pepe with Pork Belly
- Energy Bites
 - Chocolate or Fruit & Nut

SANDWICHES

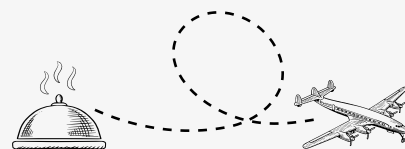
- Bagel & Lox with Cream Cheese, Onion, Tomato, & Capers
- Ham, Egg, & Cheese Croissant
- Focaccia with Egg Whites, Portobello, Spinach, Roasted Pepper, & Garlic Aioli
- Biscuit with Sausage, Egg, & Cheddar with a Side of Gravy
- Breakfast Burrito with Sausage, Potatoes, Peppers, Onion, Eggs, & Cheese with Salsa

HASH - POACHED, BASTED, & CHOICE OF PROTEIN

- Southwest: Sweet Potato, New Potato, Black Bean, Corn, Peppers, & Onion
- Roasted Roots: Brussels Sprout, Carrot, Parsnip, & Redskin Potatoes
- Trio of Potato: Yukon Gold Potato, Sweet Potato, & Purple Potatoes

FRESH-PRESSED FRUIT & VEGGIE JUICES

- Carrot, Ginger, Orange, & Tumeric
- Kale, Green Apple, & Pineapple
- Bananas, Berries, & Spinach



IN-FLIGHT DINING

LUNCH

SANDWICHES - CHOICE OF FIELD & FIRE BREAD

Roast Beef with White Cheddar, Horseradish Aioli, & Caramelized Onions

Oven Roasted Turkey, Gruyere, Pear, Arugula & Arugula Aioli

Honey Roasted Ham, Gouda, Apple, Field Greens, & Honey Mustard

Vegan Lemon Smashed White Bean, Avocado, Cress & Tomato Jam

JD's Curry Chicken Salad, Golden Raisins, Field Greens, & Tomato

T's Dilly Shrimp Salad, Cucumber, Tomato, & Baby Romaine

SALADS - CHOICE OF PROTEIN

Roasted Beets, Chickpeas, & Goat Cheese over Shaved Brussels Sprout & Kale with Dijon Vinaigrette

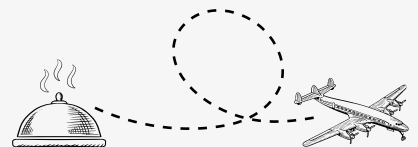
Chopped Salad with Apples, Bacon, Sharp Cheddar, Roasted Butternut Squash, & Brussel Sprouts with Maple Balsamic Vinaigrette

Butter Bib Lettuce, Asparagus Tips, Peas, Shaved Radish, Bacon or Walnut with Green Goddess Dressing

Chopped Romaine, Shredded Cabbage & Carrots, Edamame, Bell Peppers, & Cashews with Ginger Soy Vinaigrette

Field Greens, Couscous, Dried Fruit, & Pistachios, with Lemon Vinaigrette

Mediterranean Chop Salad with Beets, Cucumber, Chickpeas, Tomato, Kalamata Olives, & Feta with Greek Wine Vinaigrette



IN-FLIGHT DINING

BOARDS & PLATTERS

THE NOT SO BASIC, BASICS

Seasonal Fresh Fruits & Berries

Breakfast Breads & Pastries

Vegetable Crudités with choice of Dips, Roasted Red Pepper, Hummus, Green

Goddess, & Ranch

Assorted Cheese with Fruit, Nuts, & Jam

Charcuterie with Mustard & Pickled Vegetables

Cheese & Charcuterie

Shrimp Cocktail with choice of Dips, Cocktail Sauce, Chipotle Aioli or Fruit Salsa

Sliced Beef Tenderloin with Blue Cheese & Grapes

BOARDS

Mediterranean/Mezze: Hummus, Babaganoush, Tzatziki, Tabouli, Feta, Olives, & Pita

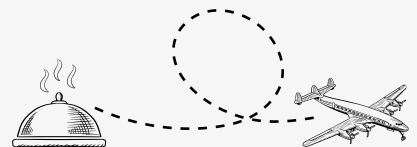
Italian Antipasto: Cured Meats, Olives, Tomato, Grilled Vegetable, Buffalo Mozzarella, Basil, & Crostini

Spanish Tapas: Pan con Tomato, Boquerones & Piquillo, Manchego, & Iberico Ham

British High Tea: Assorted Finger Sandwiches, Scones, Jam, & Clotted Cream

Hawaiian: Kalua Pork Sliders with Chutney, Potato Mac Salad, Shrimp Lau'ai with Mango & Avocado, Papaya & Coconut

Southern: Biscuits with Ham, Deviled Eggs, and Pimento Cheese with Saltines, Barbecue Pork Belly Mac with Cheese



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MEAL IN A BOWL

GRAIN - CHOICE OF PROTEIN

Burrito Bowl: Cilantro Lime Rice, Grilled Peppers & Onions, Black Beans, Corn, Tomato, Cheese

Mediterranean: Cous Cous, Roasted Red Pepper, Garbanzo Beans, Tomato, Kalamata Olives, Hummus, Babaganoush, Tzatziki

Power Bowl: Quinoa, Sweet Potato, Kale, Roasted Beets, Avocado, Walnuts, Pomegranate, Greek Yogurt Drizzle

Maui Bowl: Brown Rice, Cucumber, Watermelon Radish, Bean Sprouts, Grilled Pineapple, Miso Glazed Carrots, Edamame, Tori Kara Age Sauce

NOODLE - CHOICE OF PROTEIN

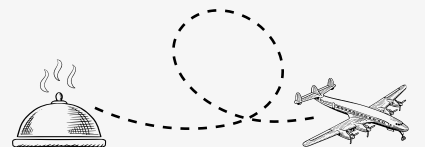
Rice Noodle Salad: Okinawan Sweet Potato, Red Pepper, Kabocha Squash, Snow Peas, Shitake Mushroom & Bean Sprouts with Sweet Miso Dressing

Pasta Caprese: Cavatappi Pasta, Blistered Honeybell Tomato, Mozzarella Pearls, Fresh Basil, Golden Balsamic-Shallot Vinaigrette

Citrus Noodles: Soba Noodles, Rainbow Carrots, Persian Cucumber, Shaved Red Cabbage, Scallions, Toasted Sesame with Citrus Vinaigrette

Pesto Campanelle: Campanelle Pasta, Pesto, Sun-dried Tomato

Artichoke: Heart of Palm, Pecorino, topped with Sicilian Caponata



IN-FLIGHT DINING

BOXED

BREAKFAST

- Choice of Sandwich, Frittata, or Hash
- Choice of Parfait or Pastry
- Choice of Citrus Salad or Mixed Berries

SANDWICH

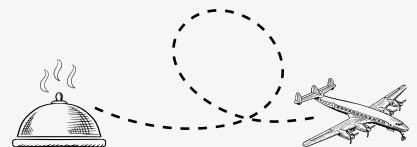
- Choice of Deli Salad: Potato Mac, Elote, Kale & Cabbage, Farro, or Cous Cous
- Choice of Fruit Cup or Vegetable Crudité
- Choice of Cookie, Brownie, or Chocolate Covered Fruit

ADD SHRIMP COCKTAIL TO MAKE IT DELUXE

SALAD

- Choice of Fruit Cup or Vegetable Crudités
- Choice of Biscuit, Crostini, or Spiced Nuts
- Choice of Cookie, Brownie, or Chocolate Covered Fruit

ADD SHRIMP COCKTAIL TO MAKE IT DELUXE



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